



Name: _____ Grade: _____ Age: _____
 E-mail: _____ Male [] Female []
 Address: _____
 Parent/legal guardian signature _____ T SHIRT SIZE: _____

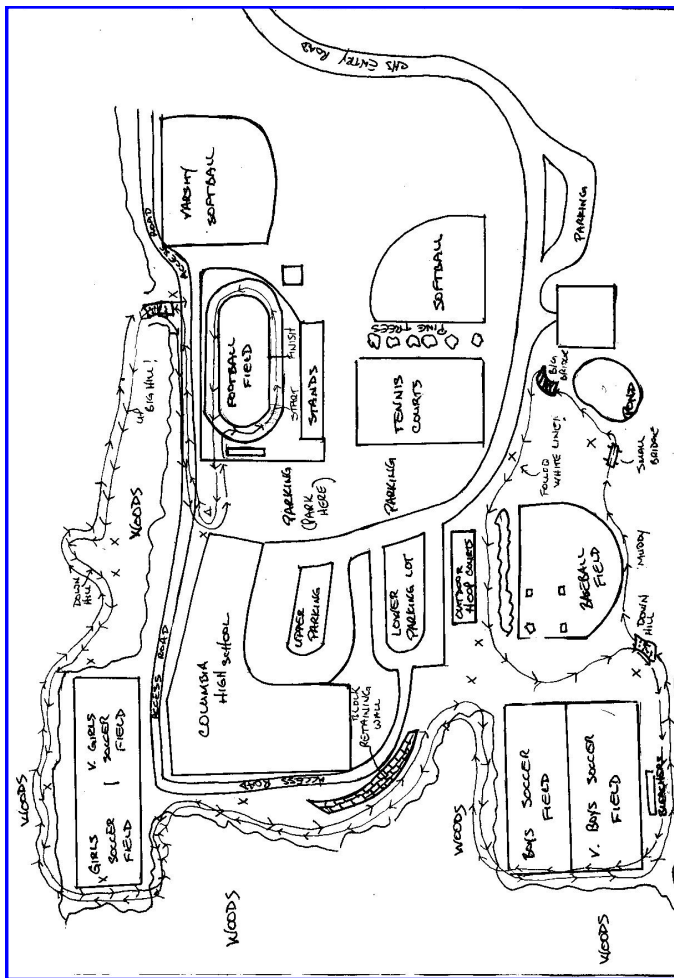
Race Fee: \$15.00 Sept. 12—Oct. 10
 \$20.00 Day of Race

Checks payable to: Education Foundation (Memo: Girls XC-Barrett)

Send all registration forms and checks, made payable to Education Foundation with memo (Girls XC-Barrett) to:

Columbia High School
 c/o: Douglas Hadley
 962 Luther Road
 East Greenbush, NY 12061

For additional information please contact Douglas Hadley at:
hadleydo@egcsd.org



*3rd ANNUAL
 BARRETT
 MEMORIAL RUN SPONSORED BY ED.
 FOUNDATION
 (2.7 MILES)*

Saturday, October 24, 2015
 8:00 am Registration & check in
 9:30 am Grade 1-8 Race
 10:30 am Adult Race

At Columbia High School Track
 962 Luther Rd
 East Greenbush, NY 12061

Race Fee:
 \$15.00 Sept. 12—Oct. 10
 \$20.00 - Day of Race

Youth T-Shirt Included with entry fee-while supplies last. Register by October 1st to guarantee a shirt.

For the support of the Barrett Scholarship given to a student-athlete who ran Cross Country.

**COME JOIN US AS THE COLUMBIA XC/
EDUCATION FOUNDATION HOSTS
ITS SECOND EVER 2.70 MILE
BARRETT MEMORIAL RUN**

Meandering throughout the maple trees and lodge-pole pines that surround the Columbia High School Campus is a beautiful cross country trail that has been home to the Columbia Cross Country teams for several years now. The race begins on the front fields before going up into the woods. Once on the trail, you will encounter hills, creeks, bridges and fields. The race will conclude back on the track where everyone can watch you complete your run!

Medals will be awarded by grade as this is more of a fun run than a competition. We are trying to support the Columbia Cross Country Barrett Scholarship with a 2.70 mile Run/Walk. A portion of the proceeds will be donated towards the Barrett Scholarship that the Cross Country team gives to one senior boy & girl each year at Columbia.

At 9:30 am on October 24, 2015 we will begin the race with registration starting at 8:00 am. This is not a USA Track and Field sanctioned event, we are not able to provide online registration. Therefore, we can not accept payment by credit card. Please fill out the attached form and send to the address below, the old fashioned way.

**Send all registration forms, and
checks, made payable to
Ed. Foundation with memo saying
(Girls XC-Barrett) to:**

**Columbia High School
c/o: Douglas Hadley
962 Luther Road
East Greenbush, NY 12061**

For additional information please
contact
Douglas Hadley (head coach) at:
hadleydo@egcsd.org

**WAIVER TO HOLD HARMLESS
2nd ANNUAL BARRETT
MEMORIAL RUN SPONSORED BY EDUCATION
FOUNDATION
(2.7 MILES)**

**PLEASE NOTE: Each participant must carefully read,
sign and submit the waiver to the right.**

**WARNING AND AGREEMENT
TO HOLD HARMLESS**

I am aware that participating in any sport or activity can be dangerous and involve many risks of injury. I understand that the dangers and risks of participating in the BARRETT MEMORIAL RUN/WALK (2.70 MILES) include, but are *not* limited to death; serious neck and spinal injuries which may result in complete or partial paralysis; brain damage; serious injury to bones, joints, ligaments, muscles, tendons, and other aspects of the muscular skeletal system; and serious injury of impairment to other aspects of my body, general health and well being. I further understand that it is impossible to foresee all the possible injuries that a participant may suffer as a participant in the above sport/activity and I understand that the above listing is merely an illustration of *some* of the injuries which I could suffer by participating in the above sport/activity. I also understand that the dangers and risks of participating in the above sport/activity may result not only in serious injury, but in a serious impairment of my future ability to earn a living, to engage in other business, social and recreational activities, and generally to enjoy life.

I understand that this warning is intended to notify me that by participating in the above sport/activity, I will be engaging in an activity which has inherent risks of injury. I am asking to participate in the above sport/activity with the full knowledge of the risks involved.

(continued)

WAIVER

In consideration of the East Greenbush Central School District's Community Education Sports Program and the Education Foundation permitting me to engage in all activities related to this sport/activity, and intending to be legally bound, I do hereby assume all risks associated with such participation and do agree to release and forever discharge any and all rights and claims for damages, including and claims for loss, damages, or injury to my person or property arising out of the performance of failure of the performance of the East Greenbush Central Schools and the Education Foundation or the respective officers, its employees, agents, representatives, successors, and/or assigns of the East Greenbush Central School District, and the Education Foundation, for any and all damages which may be sustained and suffered by me in connection or association with my participation in any activities related to the East Greenbush Central School District's Community Education Sports Program/. And the Education Foundation.

These terms shall serve as a release and assumption of risk for my heirs, estate, executor, administrator, assignees, and for all members of my family.

I certify that to the best of my knowledge and belief, I am in good physical condition and have no disease or injury that would impair my participation in the East Greenbush Central Schools' Community Education Sports Program. And the Education Foundation.

Print Participant's Name _____

Participant's Signature: _____

Date: _____

Parent/Guardian's Signature (if participant is under 21 years of age):

Date: _____

School Facility: Columbia High School